

## LOST PROCEDURES CHEAT SHEET

### The 5 C's of Lost Procedures:

Getting lost while flying can be nerve-racking, stressful and become dangerous. If your situation turns in to an emergency, transmit your emergency on frequency 121.5 and squawk 7700 on the transponder.

Otherwise, do not panic, stay calm and remember the 5 C's, if not have them written down.

An easy way to remember the Lost Procedures is by remembering the 5 C's:

1. **Confess** - Confess to yourself that you are lost.
2. **Climb** - The best thing to do is to climb, so you can get a better view and possibly spot some sort of landmark. In addition, radio reception will be easier to pick up at higher altitudes.
3. **Conserve** - Conserve your fuel. It might take a while to figure out where you are located or you may be getting low on fuel. Conserve by reducing the RPM to about 2100 and lean out the mixture.
4. **Communicate** - Get into contact with anyone on 121.5 or ATC, even a Flight Service facility frequency shown on the sectional chart.
  - Frequency 121.5 is used for civilian distress or emergency purpose and is monitored by ATC, Maritime, and other agencies.
5. **Comply** - Follow all the procedures the Air Traffic Controller is asking you to do.